

The Mental Health in Law Society at UCI Law cordially invites you to our student-organized symposium dedicated to improving mental health in law school, the legal profession, and the justice system. For further information, please contact [lawstudentsymposium@lawnet.uci.edu](mailto:lawstudentsymposium@lawnet.uci.edu)

[RSVP here](#) to reserve a name tag and ensure we provide sufficient food!

Our schedule is as follows:

### **Friday, March 22nd**

Registration: 4:30-5pm

Keynote: 5-5:30

Panel One, Mental Health in Legal Education: 5:30-7:30pm

### **Saturday, March 23rd**

Breakfast & Registration: 9:30 - 10am

Panel Two, Mental Health in Practice: 10am - 12pm

Lunch: 12 - 12:30pm

Panel Three, Mental Health in the Justice System 12:30 - 2:30pm

Final Informal Discussion (all are encouraged to attend)

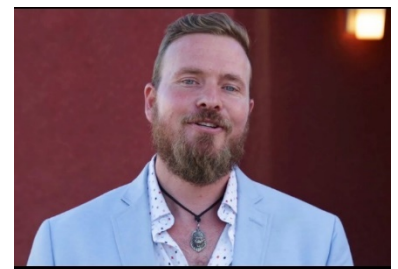
*Speakers include* (in order of first speaking appearance):



**Rebecca Ann Simon** is a member of the California Bar and currently a Lecturer and USC Gould School of Law and UCI Law School. She is currently running her nationally acclaimed *Peak Performance Program* at USC Gould School of Law and teaching a “Self Mastery” course she co-created at UCI Law School. Professor Simon was an Associate Professor of Law at Southwestern Law School in Los Angeles from 2014 to 2018. She has been teaching academic skills to law students since 2011. She started Mindfulness Mondays at Southwestern in 2014.

Professor Simon holds a B.A. from the University of California, Berkeley, a J.D. from Southwestern Law School, and a Certificate in Public Policy from the Pardee RAND Graduate School. From January 2016 to May 2018 Professor Simon was a founding Board member and the first Executive Director of the Mindfulness In Law Society (MILS). MILS is a national non-profit organization dedicated to promoting mindfulness and other contemplative practices in all sectors of the legal community to improve wellbeing. Professor Simon was the Co-Chair of the American Association of Law Schools Balance Section’s Mindfulness Affinity Group (MAG), bringing together law faculty interested in contemplative practices from all over the country, from 2015-2018.

**Jarrett Green** is a mindfulness, stress management and peak performance consultant to law firms, corporations, and law schools. After working as a commercial litigator for 12 years (first at Skadden Arps and then in opening his own boutique litigation firm), Jarrett left the practice of law so he could live his passion of helping lawyers, corporate employees, law students, and other high-stressed individuals experience less stress, greater happiness and emotional wellness, enhanced cognitive performance, improved communication and relationships, and increased overall success, in career and in life. He has a J.D. from UC Berkeley Law School, a Masters in Psychology from Pepperdine University, and Certifications in Executive Coaching, Mindfulness, and Stress Management. He works with clients such as Skadden Arps, Morrison & Foerster, Baker Hostetler, NBCUniversal, Tesla Motors, and Zenith Insurance Company. He is a



Lecturer in Law at USC Law School, where he co-founded and co-teaches the Mindfulness, Stress Management, and Peak Performance Program.



**Joe Bankman** is the Ralph M Professor of Law and Business at Stanford Law School. He is a lawyer and clinical psychologist. He teaches and writes on mental health law and hosts a podcast on mental health issues). He has co-developed a brief anxiety psychoeducation course that has been piloted or taught at Stanford, Yale and other law schools, Stanford Medical School, and law firms and other enterprises. He is the Associate Director of The Center M2Health at Palo Alto University, which develops and tests mental health e-programs and apps.

Joe also writes on tax and tax policy - but that part of his professional life is of less interest to us here today.

**Leticia Saucedo** is an expert in employment, labor, and immigration law. She taught Torts and Immigration Law and co-directed the Immigration Law Clinic at the Wm. S. Boyd School of Law, University of Nevada, Las Vegas (UNLV) until 2010. She has developed courses in international and domestic service learning that explore the immigration consequences of crime and domestic violence in a post-conflict society.

Saucedo earned her AB, cum laude, from Bryn Mawr College in 1984 and her JD, cum laude, in 1996 from Harvard Law School, where she was managing editor of the Harvard Latino Law Review. After law school, she served as briefing attorney to Chief Justice Thomas Phillips of the Texas Supreme Court. She then became an associate at Fried, Frank, Harris, Shriver, and Jacobson in New York City, where she was the recipient of the Fried Frank MALDEF Fellowship. From 1999 to 2003, she worked as a staff attorney for the Mexican American Legal Defense and Educational Fund in San Antonio, Texas, where she litigated employment and education cases.



Saucedo's research interests lie at the intersections of employment, labor, and immigration law. Her law review articles have appeared in Notre Dame Law Review, the Ohio State Law Journal, the Buffalo Law Review, the Richmond Law Review, the Harvard Journal of Law and Gender, the Harvard Latino Law Review, the University of Michigan Journal of Law Reform, and the Hispanic Journal of Behavioral Sciences. She is a member of the American Law Institute.



**Ken Wang** is a former community organizer and a recent graduate of UC Davis School of Law's King Hall. Before coming to law school, Ken worked in the San Francisco Bay Area organizing low-wage immigrant workers and coordinating efforts to build a multi-racial electoral alliance. During his time at King Hall, Ken served as the co-President of the Asian Pacific Law Students Association, as well as a member of the Martin Luther King Jr. Public Interest Award nominating committee. Outside of King Hall, he externed for the Honorable Goodwin Liu, Associate Justice of the Supreme Court of California and was an active member of the California Employment Lawyers Association. Ken is very excited to be joining the Aoki Center as a legal fellow. As a fellow, Ken supports the continued development of the co-curricular programming dedicated to first-generation law students at King Hall.

A first-generation college graduate from a working-class family in Iowa, **Anne Brafford** voiced her unlikely dream of becoming a lawyer when she was only 11 years old. She viewed the legal profession as a calling that would empower her to positively impact the world. As Anne's dream-career unfolded, she checked off all the boxes of external success, including a federal judicial clerkship, a prestigious job in Big Law, equity partnership, management roles, and a big paycheck. But what was left lacking was a strong sense of meaning and purpose—the very things that had drawn her to the legal profession.



Ultimately, she made the tough decision to leave the practice of law to try to understand why her life-long aspiration of being a lawyer had left her feeling dissatisfied and to commit herself to studying how lawyers can truly thrive. Studying under the founders of positive psychology—Dr. Martin Seligman and Dr. Mihaly Csikszentmihalyi—and other world-class experts in psychology and organizational behavior, Anne has immersed herself in the science of positive workplaces. Anne's new book *Positive Professionals* confirms her status as an emerging thought leader on how law firms and other organizations can use science-backed strategies to foster full engagement by expanding their core values beyond profitability to include a sense of meaning and purpose.



**Ronda Muir, Esq.**, Principal of Law People Management, LLC, is a leading authority and frequent speaker on lawyer personalities and solutions to people management challenges unique to the legal industry. Muir draws from years of practicing law in New York and Europe, both as outside counsel and in-house counsel, coupled with advanced study in behavioral science. Muir's best-selling book [\*Beyond Smart: Lawyering with Emotional Intelligence\*](#), published by the ABA, is the first comprehensive guide to understanding, using and raising emotional intelligence in the context of the practice of law.

Recognized globally as a leading authority on addiction, mental health, and well-being in the legal profession, **Patrick R. Krill** is an attorney, licensed and board-certified alcohol and drug counselor, author, advocate, and thought leader. He serves as a trusted advisor to large and midsize law firms throughout North America and Europe, educating them about and helping them navigate addiction, mental health, and well-being issues on a daily basis.

Patrick's groundbreaking work in the area of attorney behavioral health includes: initiating and serving as lead author of the first and only national study on the prevalence of attorney addiction and mental health problems, a joint undertaking of the American Bar Association Commission on Lawyer Assistance Programs and the Hazelden Betty Ford Foundation; creating the framework for the ABA Well-Being Pledge, an innovative campaign to improve the health and well-being of . lawyers that was launched in September, 2018; partnering with American Lawyer Media to conduct the first-ever survey of AmLaw 200 firm leaders regarding their beliefs and attitudes related to addiction and mental health problems in the legal industry.



Patrick is the former director of the Hazelden Betty Ford Foundation's Legal Professionals Program, a preeminent clinical treatment program for addicted attorneys, judges and law students. While leading that program, he counseled many hundreds of legal professionals from around the country who sought to better understand and overcome the unique challenges faced on a lawyer's road to recovery. From young solo practitioners to equity partners in the largest global firms, law students to sitting judges, Patrick has successfully counseled patients from around the world and across all practice settings, offering distinctive guidance and uniquely qualified insights about achieving and maintaining recovery, health and well-being in the practice of law.

Patrick has authored more than sixty articles related to addiction and mental health, including his regular advice column for Law.com, and frequent contributions to CNN.com and other national outlets. Also a regular source for print and broadcast media, he has been quoted in dozens of national and regional news outlets, including the New York Times, Wall Street Journal, Washington Post, Chicago Tribune, and countless legal industry trade publications and blogs. Patrick has been a guest on numerous national broadcasts, including multiple appearances on NPR and the Dr. Drew Podcast.





**Jasmine E. Harris** is an Acting Professor of Law at the University of California–Davis School of Law and Martin Luther King, Jr. Hall Research Scholar. Her research lies at the intersection of disability rights and antidiscrimination law. Professor Harris is particularly concerned with the ways in which rules and procedures can change social norms in the context of disability. Her publications have or will appear in the *Columbia Law Review*, *New York University Law Review*, and *American University Law Review*, among others. Professor Harris received a J.D. from Yale Law School and A.B. from Dartmouth College.

**Chris Strobel** has been employed by the Orange County Deputy Public Defenders Office for over eight years. He was responsible for the representation of indigent defendants in criminal matters.

His scope of representation included the handling of misdemeanors and felonies from arraignment to sentencing including writs and appeals. He also specializes in Juvenile Law.

Mr. Strobel is the representative of the Public Defenders Office to the OC Collaborative Courts, described further here: <https://www.occourts.org/directory/collaborative-courts/>.